



# MASSAGE THERAPY

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## Swedish Massage

A perfect choice for a great, thorough massage. A variety of massage techniques using light to moderate pressure. This massage is designed especially for YOU!

**30 minutes-\$50**

**60 minutes-\$90**

**90 minutes-\$130**

## Deep Tissue Massage

Intended for relief of stubborn knots or areas of chronic tension. This massage is for those who prefer firm pressure and desire a "work out" from their session.

**30 minutes-\$60**

**60 minutes-\$100**

**90 minutes-\$140**

## Golfer's Sports Massage

Intended for relief of stubborn knots or sore muscles. This massage is for golfer's who had a long day of golfing.

**60 minutes-\$90**

## Aromatherapy Massage

Our classic Swedish massage enhanced with therapeutic-grade essential oils from Young Living. Aromatherapy is a subtle but powerful way to enhance your state of well-being. These oils are rich in powerful ingredients that work through the sense of smell, affecting brain chemistry, but also through the skin, absorbed into the lymphatic system and circulating to where they are most needed within the body.

**60 minutes-\$95**

## Shoreline Warm Stone Massage

Melt away tension. Warm stones are used in a rhythmic motion to provide deeper muscle and tissue relaxation, which in turn releases more toxins and improves circulation.

**60 minutes-\$105**

## Couples Massage

Our couples massage allows both you and your partner to experience massage together in the same area as one therapist works on each person. This can be a very romantic experience or just a nice relaxing getaway from those everyday stressors!

**60 minutes-\$180**

# BODY TREATMENTS

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## Revitalizing Body Scrub

This full body treatment is designed to smooth and soften skin all over. This scrub can be mixed with essential oils to gently rid the skin of dead cells leaving your skin soft and glowing. Toxins are gently coaxed from your body to purify and cleanse. Your entire body will once again be silky smooth and baby soft.

**60 minutes-\$100**

## Mud Body Treatment

A detoxifying mud wrap will pull out the accumulated wastes our modern day of living puts into our bodies. A therapeutic grade mud is heated and used to cover your body, and then you are

wrapped and insulated. Followed by an application of moisture-enriched cream. It leaves you feeling pampered and rejuvenated. This treatment will leave your skin enriched and radiant with a healthy glow.

**60 minutes- \$105**

## **Relaxing Facial**

For a more even-toned and glowing complexion, try our relaxing facial. Utilizing organic Beauty by Earth skin care products, our standard facial service includes cleansing, exfoliation and a masque that soothes and hydrates. Facial massage is provided to relax and revitalize facial muscles, while both hands and feet are pampered, moisturized and massaged to take the experience to the next level of relaxation. Both the products and protocol are created for all skin types.

**60 minutes - \$85**

## **Deep-Cleansing Facial with Extractions**

Perfect for any client experiencing congested pores, the combination of pure and organic that we use will reduce surface oil without drying while providing skin with the hydration it needs. Includes facial massage, and hands and feet are pampered, moisturized and massaged.

**60 minutes- \$90**

## **Service Enhancements**

**Facial Massage - \$15**

**Foot Treatment - \$15**

**Hand Treatment - \$15**

**Steamed Towels - \$15**

**Hot Stones - \$15**